

**FREE
ADMISSION**

**A small
canned food
donation would
be greatly
appreciated.**

6th Annual
Record-Journal
Life Begins at 50

Senior Fair

Platinum Plus Sponsor



FRIDAY, October 26TH, 2012

**WALLINGFORD
SENIOR CENTER**

238 Washington St. • 10am - 3pm

Platinum Sponsor



Silver Sponsor

See and Hear America



Stop & Shop Cake Cutting at 1pm

VENDORS

Apple Rehab Cocomo
Arden Courts
Assisted Living Services, Inc.
Attorney Joseph D. DiMauro
Beacon Retiree Benefit Group
Beecher & Bennett Funeral Service
Central CT Senior Health Services
Colony Vision
Comfort Keepers
CT Housing Finance Authority
CT In-Home Assistance
Custom Travel
Elim Park
Euro Home Care, LLC
Family Care Visiting Nurse & Homecare Agency, LLC
Franciscan Home Care & Hospice Care
Gaylord Specialty Healthcare

Highlands HCC
Law Offices of Joseph D. DiMauro
Masonicare
Midstate Medical Center
New York Life
Primerica
Rivera - Village Green of Wallingford
Senior Go To Guide
Silver Pond Senior Community/Carabetta Mgt. Co.
Skyview Center
Stop & Shop Wallingford
The Curtis Home
The Summit of Plantsville
Wallingford Senior Center
Wallingford & Yalesville Funeral Homes
Wallingford Family YMCA

SPECIAL ACTIVITIES*

Screenings & Health Information provided by

UConn medical, dental, nursing and pharmacy students
- Blood pressure checks and information on high blood pressure, diabetes and oral health
- Find out what questions you need to ask your pharmacist and receive free medication cards

Cake Cutting with Stop & Shop at **1 PM.**

MidState Medical Center

Know the Warning Signs of Atrial Fibrillation and Dehydration
Presented by Marat Gitman, DO

2:30 to 3:00 PM

Learn how to screen for atrial fibrillation, why preventing dehydration is important and more.

Masonicare - to be announced

"Say Goodbye to Floating Dentures"

Dr. David L. Fried D.M.D.

"The ABC's and D's of Medicare"

With open enrollment from October 15th through December 7th it is a great time for a refresher about Medicare and what your options are. Also hear about some of the programs that can possibly save you money on your Medicare costs! By Tom Davis Agency on Aging of South Central Connecticut Elderly Information Specialist

New York Life

Longterm care options. Presented by Sheila Foy **12:00 PM**

Reverse Mortgages

by Connecticut Housing Finance Authority **10:30 AM**

Job seeking when you are over 50

Some tools to help, Nancy Frede **11:00 AM**

Sharpen Your Brain

Trivia and Game Show with prizes, Nancy Frede **12:30 PM**

**Flu Shots
by VNA Healthcare***

Flu vaccine shots
10 am - 3 pm
(*fee and insurance TBA)

**Lunch & beverages available
at nominal cost from
Wallingford Senior Center**

Contact Nancy Frede
at 860-529-5579 or 508-380-3737
with any questions

*Times, speakers and workshops can change without notice.